

The Telegraph

9 incredible new hotels opening in May 2019



Shou Sugi Ban House, Long Island, New York State

A former corporate lawyer has left the bright lights of New York City to create this holistic wellness retreat on Long Island. The designers have looked to Japan for inspiration, imbuing this assortment of Hamptons-style

barns and beach cottages with a sense of calm with the addition of meandering paths, mirror-like pools and trickling fountains. The experience itself centres on spiritual healing, whether through outdoor meditation and yoga sessions, specialised spa treatments (vibrational sound healing or chakra balancing reiki perhaps) or a session in one of the ashiatsu massage rooms.